

The Baltic & North Sea Forum for Physical and Rehabilitation Medicine and its relations to the BAR

Christoph Gutenbrunner



The Baltic & North Sea Forum on
Physical and Rehabilitation
Medicine



Hannover Medical School

Overview

- The Idea of The Baltic & North Sea Forum for Physical and Rehabilitation Medicine (BNF-PRM)
- Development and Conferences
- Organizational structure
- Future developments
- Relation to sub-regional societies such as Baltic Association of Rehabilitation (BAR)



The Idea of the Baltic & North Sea Forum for Physical and Rehabilitation Medicine (BNF-PRM)

Europe: regional PRM- bodies



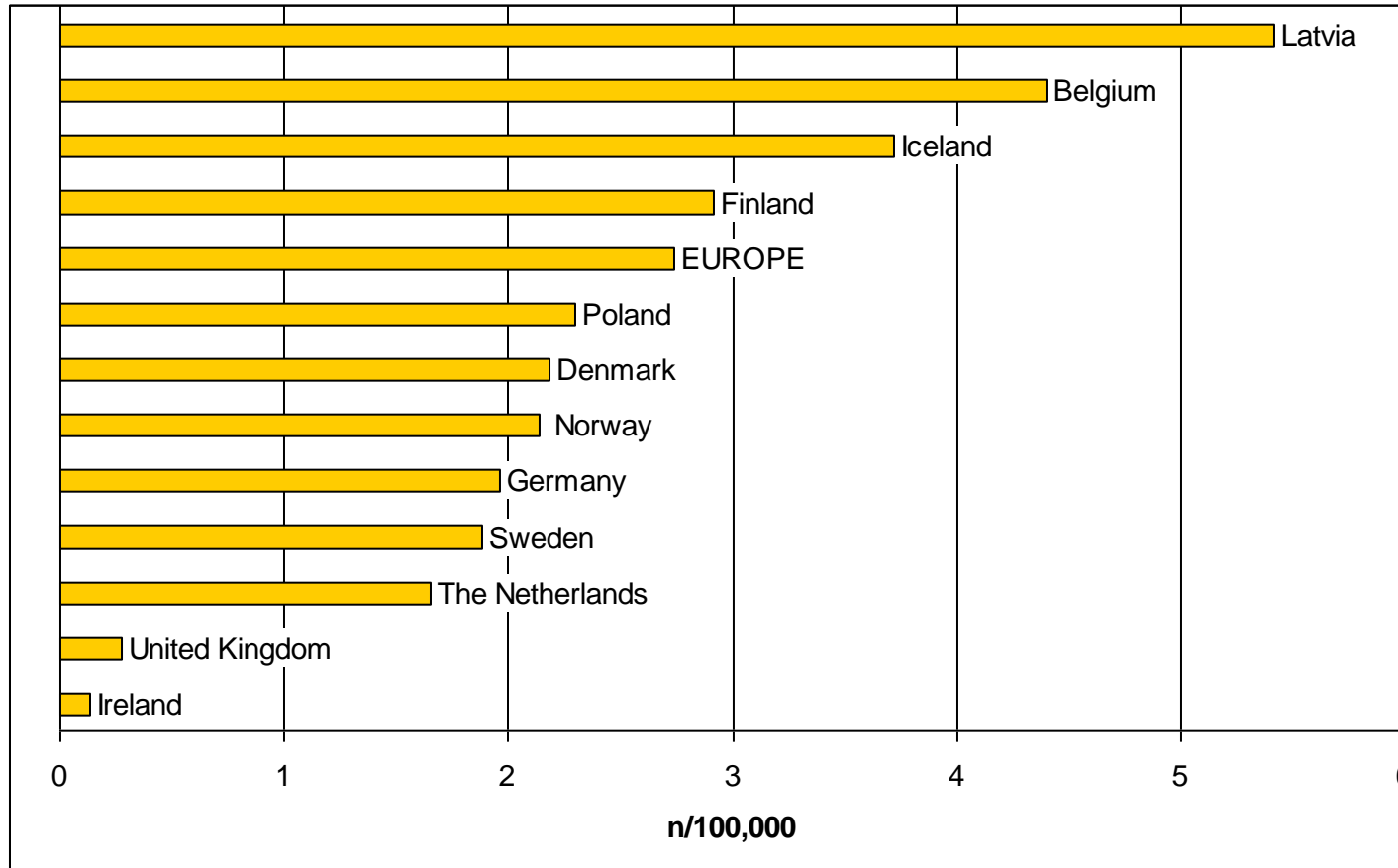
The Baltic & North Sea Forum on PRM (2010)

The 4-countries meetings on PRM (2005)

The Mediterranean Forum on PRM (1996)



Number of PRM Specialists (n/100,000 inhabitants)

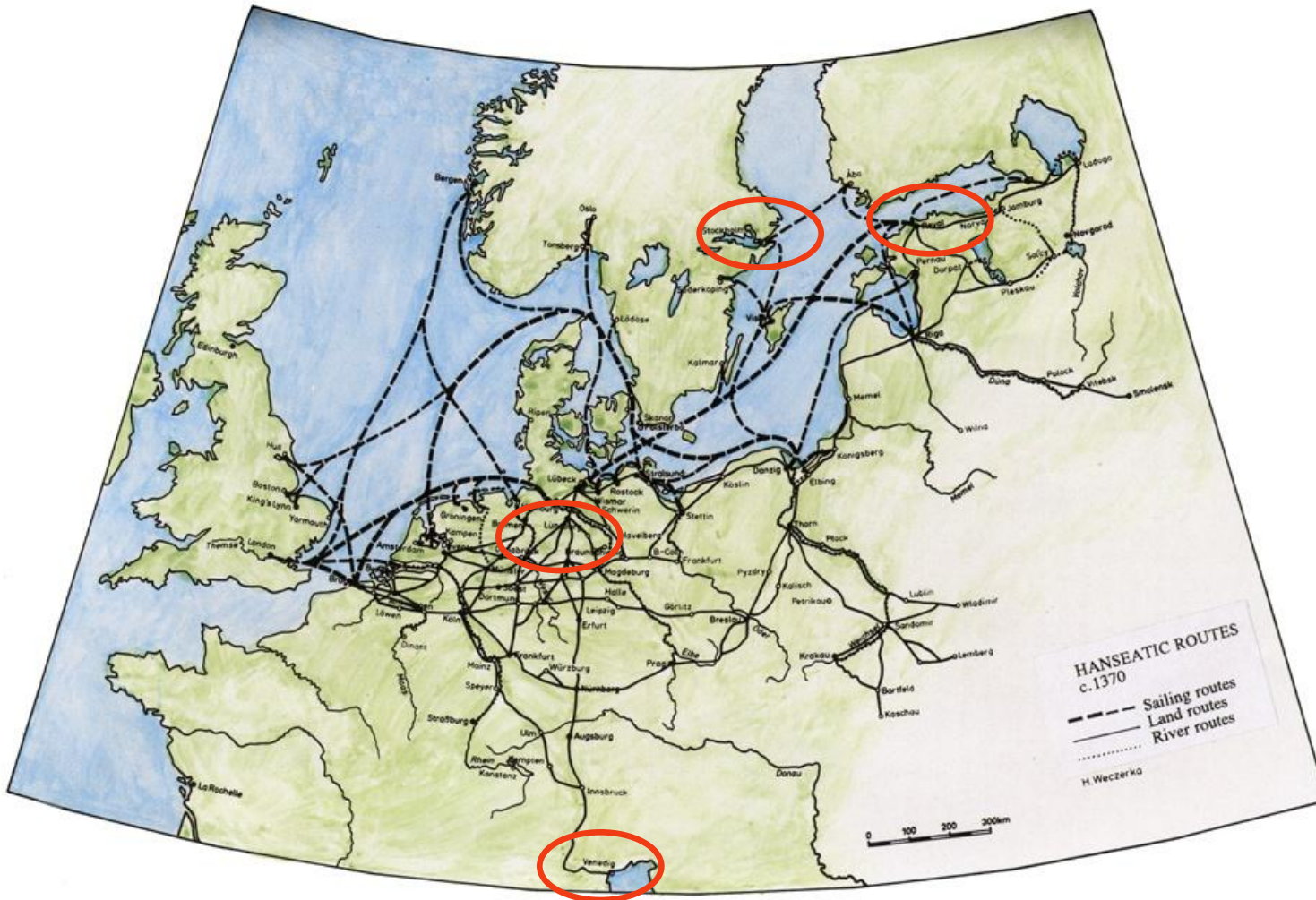


(Data from White Book on PRM in Europe (2006/2007))

Baltic & North Sea area 1945-1989



Hanseatic Routes around 1370



(from H. Weczerka, *Coloane* 1972)

Aims of BNF | PRM

- To communicate and to exchanging knowledge
- To look at concepts for PRM activities and to debate best practice
- To create networks for scientific projects
- To support each other in education and training in the field of PRM and to facilitate exchange of young doctors and scientists
- To influence politicians incorporation rehabilitation issues into national health strategies
- To build up regional networks for rehabilitation of persons with rare diseases
- and – last but not least – to give opportunity for personal contact



Principles of BNF | PRM

- Respecting human rights of people with disabilities and working with them as partners
- Rehabilitation as comprehensive strategy to improve functioning
- Science as a basic principle of creating knowledge
- Democratic principles to make decisions
- Open exchange of information
- Cooperation with other professionals in spirit of team work
- Awareness for different traditions and tolerance towards different opinions



Development and Conferences

The Baltic & North Sea Forum on PRM
Christoph Gutenbrunner
Baltic Association of Rehabilitation Conference
Tallinn, September 17th, 2010

Development and Conferences

- Idea already occurred in 2002
- Positive and negative reactions (e.g. *“too many organizations”, “too many conferences”*)
- Finally, work was started (*smaller conferences, project plan for 1st congress*)
- Founding of registered organization (*Riga 2009*)
- First congress in Stockholm 2010



Congress principles

- small (*medium*) conference (*symposium like*)
- high level of scientific content
- small number of main topics to be presented by leading specialists of this respective field (“*state of the art*”) (*tracks dedicated to the main topics, special issue sessions*)
- original papers and posters
- educational symposia.
- one specific problem will be discussed in structured sessions and round tables (*e.g. “Rehab across borders”*).



*1st Baltic & North Sea Conference on
PRM, Stockholm, April 14-16, 2010*

“Reclaim Function!”

Scientific Program

Track 1: Vocational Rehabilitation

Track 2: Neuroplasticity: Principles and new interventions

Special issue session: Pain Chronification

Special issue session: Patient education programs

Special issue session: Rehabilitation Medicine across Borders

Symposium 1: Postpolio – Northern European perspective

Symposium 2: Research Strategies in Rehabilitation Medicine

Symposium 3: New technology in rehabilitation

The 1st Baltic & North Sea Conference



The Baltic & North Sea Forum on PRM
Christoph Gutenbrunner
Baltic Association of Rehabilitation Conference
Tallinn, September 17th, 2010



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Organizational structure



Organisation of BNF | PRM

- Founded September 2008 in Riga
- Board members: Kristian Borg (S), Christoph Gutenbrunner (D), Alvydas Joucevicius (LIT), Varje-Riin Tuulik-Leisi (EST), Aivars Vetra (LV), Anthony Ward (UK)
- Registered in Riga 2010 (Biedriba "Baltijas un Ziemeļu juras fizikālas un rehabilitācijas medicīnas forums"; Registration Nr. 40008154271)
- Individual members & board of national and sub-regional societies
- Individual membership fees: 30 €/year
- BNF Policy declaration (2009)(*excerpt*):
 - the BNF-PRM is a pure non-profit organization [...]
 - it acts on the basis of human rights and anti-discrimination acts and data protection regulations [...]
 - conferences will not be sponsored by profit organizations [...]



Future developments





*2nd Baltic & North Sea
Conference on PRM, Vilnius,
September 21-23, 2011*

BNC|PR

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*2nd Baltic & North Sea Conference on
PRM, Vilnius, September 21-23, 2011*

“from biomechanisms
to participation”

Scientific Program

Track 1: Pain chronification

Track 2: Effects of aerobic exercise

Special issue session: Early acute and post acute rehabilitation programs

Special issue session: Participation and quality of life

Special issue session: Assessment in rehabilitation

Symposium 1: Research strategies in rehabilitation medicine

Symposium 2: Team work in rehabilitation

Symposium 3: Rehabilitation programs for women

Rehabilitation across borders: Coordinated rehabilitation strategies

*2nd Baltic & North Sea Conference on
PRM, Vilnius, September 21-23, 2011*

“from biomechanisms
to participation”

Congress organisation

Society: Baltic & North Sea Forum on Physical and Rehabilitation Medicine

Date: September 21-23, 2011

Site: Vilnius, Lithuania

President: Prof. Alvydas Joucevicius, Vilnius

President of BNF-PRM: Prof. Christoph Gutenbrunner

Chair Scientific Committee: Prof. Kristian Borg, Stockholm

Chair Abstract Committee: Prof. Jan Ekholm, Prof. Kristina Schüldt Ekholm

Website: www.bncprm2011.org

Abstract deadline: April 30, 2011

Future developments

- Biennial congresses with uniform standards
- Continuous communication (*newsletter, website*)
- More involvement of individual members
- Assembly of societies (*including sub-regional societies*)
- Cooperation agreements with national and sub-regional societies
- Other activities



Relation to sub-regional societies such as Baltic Association of Rehabilitation (BAR)

Relation of BNF-PRM with BAR (1)

- Role of BAR (*corner stones*):
 - multiprofessional
 - focus on educational sessions (*incl. conceptual discussions*)
 - communication within Estonia, Latvia and Lithuania
- Role of BNF-PRM (*corner stones*):
 - PRM doctors, other scientists
 - focus on scientific sessions (*incl. stat of the art*)
 - communication within all Baltic and North Sea area

Relation of BNF-PRM with BAR (2)

- BAR and BNF-PRM are complementary (not alternatives)
- BAR and BNF-PRM will coordinate their activities
- BAR is cordially invited participate in 2nd BNC-PRM (*Vilnius, Sept 21-23, 2011*): “in association with”

Hope to meet you
next year in Vilnius



